

DANCE OF GRACE IN A PLANETARY CRISIS

Carol L Kilby, November 18, 2022

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What

A ritual of thanksgiving

When

Before a meal

Where

Any social gathering of family, friends, colleagues.

Background

In a time of ecological breakdown, and deep space discovery, many reject religious language and search alternative ways to express what and where is the sacred. In a time of waning reverence for the earth as anything other than a natural resource, food is groceries, processed, prepared, and a fast fix to fuel a furious schedule. In a pandemic, when we washed our food nervous of any pesticides or viruses, when too many indigenous or impoverished communities live with water alerts, we are disconnected from the intimate relationship with food.

Evolutionary Moment

In this time of transition and expanding consciousness, grace can be reclaimed, participatory, evoke awe, wonder, gratitude, and restore consciousness of our interdependent relationship with the plant world that nurtures us a food and medicine.

Preparations

Print out the grace-cards. Place in a bowl. Pass the bowl. Each person read their card aloud. Everyone responds, "This is grace, thanks be."

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Card

Food is not groceries money can or can't buy
But the cosmic intention of rock and rain, sun and soil, a right of existence.
This is grace, thanks be.

Card

Food is not the recipe or brand we use
But the lifework of countless beings - worm and microbe, minerals, mothers and migrants.
This is grace, thanks be.

Card

Food is not sweet or savory, "yucky or yum'!
But Earth's medicine, the taste of healing.
This is grace, thanks be.

Card

Food, not a fast fix or evening's entertainment
But the energy of dreams, fuel of possibility.
This is grace, thanks be.

Make up your own card (s)